

**THERE ARE TWO GENERAL CATEGORIES OF DOULA SERVICES:** *BIRTHING DOULAS AND POST PARTUM DOULAS.*

- I AM INTERESTED IN:**  A BIRTHING DOULA (this is not the same as a midwife)  
 A POSTPARTUM DOULA  
 BOTH

**A LITTLE ABOUT YOUR PREGNANCY:**

- IS THIS YOUR FIRST BABY?  Y  N  
WHAT IS YOUR DUE DATE? \_\_\_\_/\_\_\_\_/\_\_\_\_  
ARE YOU DIABETIC?  Y  N IF "YES", IS PREGNANCY INDUCED?  Y  N  
DO YOU HAVE HIGH BLOOD PRESSURE?  Y  N IF "YES", IS PREGNANCY INDUCED?  Y  N  
I PLAN TO GIVE BIRTH IN A:  HOSPITAL  BIRTHING CENTER  HOME

**A LITTLE ABOUT YOU:**

- YOUR NAME: \_\_\_\_\_  
HUSBAND/PARTNER'S NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_  
HOME AND CELL NUMBERS: (h) \_\_\_\_\_ (c) \_\_\_\_\_  
IF YOU WANT POSTPARTUM CARE, FOR HOW LONG AFTER THE BIRTH? (There is a one week minimum.)  
\_\_\_\_\_ TOTAL WEEKS (One week equals 5 to 7 days.)  
HOURS PER DAY: (There is a minimum of 4 hours per day plus travel time.)  
\_\_\_\_\_ HOURS PER DAY STARTING ON \_\_\_\_/\_\_\_\_  
 WEEKDAYS ONLY  WEEKENDS ONLY  BOTH  
ARE THERE OTHER CHILDREN IN THE HOUSE?  Y  N  
HAVE YOU OR ANYONE YOU KNOW USED DOULA SERVICES IN THE PAST?  Y  N

some things  
you should  
know:

- ♥ health insurance generally does not cover doula services.
- ♥ a doula may also be a nurse, but most are not.
- ♥ payments must be in advance and there is a non-refundable deposit, which is credited to your final bill.
- ♥ you may interview the prospective doula by phone or in person prior to making your decision.
- ♥ all of our doulas are certified by a recognized certification organization.
- ♥ all of our doulas are bonded and have criminal background checks on file.

**IMPORTANT: TO SEND THIS COMPLETED FORM, IT MUST BE SAVED TO YOUR COMPUTER.  
TO SUBMIT THIS FORM, CLICK HERE AND FOLLOW THE INSTRUCTIONS.**